

"Festive Family Thanksgiving Cookbook"

Recipe

Seasoned Green Beans

Serves 12 ● Preparation time 20 minutes

Cooking time 25 minute

2 pounds fresh green beans,
stem end trimmed

1½ cups finely chopped onion

2 cups chicken broth

2 cups sliced fresh mushrooms

¼ tsp. black pepper

Wash beans; trim ends, and remove strings. Cut beans into 1 and ½-inch pieces. Combine beans, broth, and remaining ingredients in a saucepan. Bring to a boil; cover, reduce heat, and simmer 25 minutes or until beans are tender, stirring occasionally.

Nutrition Facts Per Serving: 38 Calories, 172 mg Sodium, not a significant source of Fat, Saturated Fat, or Cholesterol.

